

**Safe in the Woods
Tips, Techniques and Advice
for Safety and Survival**



Whether you are exploring the Cascade Mountains, the Adirondacks, the Florida 'glades, or just going for a walk in your local woods with your camera and binoculars, this book is for you. It's all about getting away from the hectic "human" world and enjoying nature as it should be enjoyed – safely! But just like any activity you need to be prepared. "There are some things out there that can hurt you or ruin your day," according to co-author Roger Fulton, an experienced outdoorsman and naturalist. "But if you are properly prepared, you will be ready for any adverse weather, ornery critters or other challenges that you may encounter." "So, our efforts through this book are to keep you safe, help you to enjoy whatever outdoor activity you want to go on, and to get you home safely at the end of your outing. It's all about "you and yours". The basic advice in this handy book is for anyone who wants to enjoy the great outdoors and is based on the authors' many years of outdoor experience and training.

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