

## **25 Interpretive Walks and Hikes in the Lake George and Saratoga Springs, NY Region**

In this book, you'll find 25 short-to-medium length walks along scenic nature and historical paths in the Lake George-Saratoga Springs, New York region. Some are handicap-accessible and most are appropriate for families and the elderly. The nature walks cover a variety of environments and historical perspectives, from the rolling grasslands of the Saratoga Sand Plains to the thick wetlands of Hovey Pond. The historical walks cover everything from the French and Indian War on Rogers Island to the protection of the springs in Saratoga Spa State Park by Governor Charles Evans Hughes.

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